## FOR IMMEDIATE RELEASE

## FOR MORE INFORMATION CONTACT

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## July festivities planned for Sagamore West Farmers Market

West Lafayette, Ind. – June 13, 2008 – Green and lean summer suppers are one-stop away, thanks to the Sagamore West Farmers Market, held from 3 to 6:30 p.m. every Wednesday at Cumberland Park in West Lafayette, reports market director Kathy Cubberley.

"Home-grown salad makings, fruits and vegetables raised right here in a seven-county area give shoppers a choice of foods that are fresh, tasty and not transported hundreds or thousands of miles," Cubberley said. "We also feature variety, from popular Midwestern produce to out-of-the-ordinary, such as Sprouts Plus from Fountain County." Owner Katherine Russell sells fresh Thai and Vietnamese herbs, hot peppers, bean sprouts, winged beans and other "unusual produce," Russell says.

Produce vendors also include Bloomer's Greenhouse, Brumbaugh's Family Farm, Carroll County Crops, Cooley Family Farm, Doud's Countyline Orchard, George Hooker, Kellie's Greenhouse, Sue Raney, This Old Farm and Wabash & Riley Heney Co.

To add to the market's festivities, activities planned for July include:

- On July 2, Michael Bucy of Center for Health Enrichment will offer free massages from 3 to 5 p.m. and a Wabash Valley Youth Symphony ensemble will perform from 4 to 5:30 p.m.
- On July 9, the bloodmobile will be at the market to accept blood donations from 3 to 6:30 p.m.; a Wabash Valley Youth Symphony ensemble will perform from 4 to 5:30 p.m.; and the Epsilon Chapter of Delta Sigma Sorority will sell tote bags to raise scholarship funds.
- On July 16, culinary expert Amy French will grill from 3 to 5:30 p.m., offering taste samples and free recipes.
- On July 23 and 30, a Wabash Valley Youth Symphony ensemble will perform from 4 to 5:30 p.m.

This year's "Green and Lean" market is supported by a \$38,000 grant from the U.S. Department of Agriculture. The first 500 shoppers to make three visits receive free tote bags and youngsters get balloons every week.

Sagamore West Farmers Market is sponsored by West Lafayette Parks and Recreation and the Sagamore West Area Business Alliance.